



Present their

5 mile 'Beer' Race

Sponsored by Fuller's Brewers



Sunday 13th June 2010 - 10:30am

A 5 mile road race on country lanes around the village of Braishfield, nr Romsey, Hampshire suitable for runners of all abilities

A pint of Fuller's beer and cake for all finishers
(option of soft drink)
Beer for over 18's only



www.southampton.upandrunning.co.uk

Generous place and spot prizes

Entry fee Affiliated £8.00 Unattached £10.00

Entries on the day £2.00 extra, up to race limit of 250. Late entry desk to close at 10.10am.
Please note the course is unsuitable for wheelchairs/pushchairs. No ipods allowed.

Please complete and return the form below with cheque payable to
Romsey Road Runners to Race Secretary, 2 Hogarth Close, Romsey SO51 7TF.
Closing date for postal entries: 7th June.

Additional forms may be downloaded from our website -
www.romseyroadrunners.co.uk

Entry can also be made on line via the Runners World website

Surname..... First name

Address
..... Post code

Telephone Email

Date of Birth..... Age on race day (Min age 15 years old on race day)

Affiliated Club/Unattached..... Sex M / F

I declare that I am an amateur as defined by UK Athletics rules and will abide by those rules and will be over 15 on 13th June 2010. I hereby agree that the organisers shall not be liable for any accidents, injury loss or damage incurred during or as a consequence of my participation in this race and that I am medically fit to participate in this event. I will comply with all instructions given by the race marshals and police. Data Protection Act - by submitting this entry I agree that the organisers may store my entry details and results on computer disk for the purpose of event administration.

Signature Date