

# **ROMSEY**

## **ROAD RUNNERS**

### MINUTES OF ANNUAL GENERAL MEETING

Date **06 November 2013**  
 Time **19.30**  
 Location **Crosfield Hall**

**Present** Julia Abab, Mark Adams, Paul Bradley, Christopher Brown, Lynda Brown, Paul Burnage, Jane Carter, Wendy Couper, Di Cross, Dave Evenden, Heidi Godfrey, Matt Hammerton, Amanda Hull, Jimmy Hunt, Penny Jennings, Karen Keane, Derek Kelly, Tony King, Alice Lane, David Nixon, Frank Ourique, David Page, Ruth Page, John Quayle, Ian Ralph, Annie Tomlinson, Becky Tovey, Jo Weguelin, Hannah White, Wayne Windebank, George Wysocki

**Apologies** Jan Burnage, Toby Burrows, Paul Cutbill, Naomi Farrington, Peter Hartley, Flo Hearn, Tam Ryan, Kirsty Saxton, Emily Slade, Jo Slade, Liz Slade

#### 1. MINUTES OF THE LAST MEETING AND MATTERS ARISING

The minutes of the meeting of 7<sup>th</sup> November 2012 were accepted as a true record. Progress against actions recorded below.

ACTIONS - AGM 2012		
Agenda Item	Action	Who (initials)
Changes to EA Membership Fees	Ensure all new and existing members are aware that EA membership is optional.	Committee
Removal of CC6 Speed Restriction	Write to the CC6 Committee to express the view of the club on the rule change. See <i>Fixtures Secretary update</i> .	Committee
Affiliation to BTF	Affiliate to British Triathlon Federation for a period of one year.	Committee
	Review the effects of BTF affiliation on club training and membership and report back at the AGM in 2013. See <i>item 6</i> .	Committee
	Seek clarification on the detail of the insurance provided by UKA. See <i>item 6</i> .	Committee
Over 50s Pentathlon	Amend club constitution to include the Veterans Pentathlon.	Committee
Elections for Office	Encourage club members to take on the vacant Committee positions.	Committee

## **2. REPORTS FROM COMMITTEE MEMBERS**

### **CHAIRMAN – report prepared by PAUL BRADLEY**

*Once again it has been another outstanding year for Romsey Road Runners. There have been many highlights and I don't want to single any of them out, but well done to everyone.*

*As always our Committee has done great work to make everything run smoothly and be as enjoyable as possible. Many thanks to all the Committee and to everyone who has helped with the running and organising of the club and events. This includes everyone for just turning up for training and races. It is the enthusiasm of our members that makes this such a great club.*

*The year has not been without some disagreements. The affiliation to the British Triathlon Federation has caused considerable discussion - with more people competing in triathlons are we losing focus as a running club? More discussion about this later on the agenda. We also have an agenda item on raising club subscriptions - always somewhat contentious!*

*Finally, I have decided that I will stand down as Chairman. I do not consider that I have done a very good job of it over the last year. Family circumstances and work have been major distractions. In addition I have just changed my job which will make the situation even worse, as my attendance at club will be irregular even when I am fully fit.*

*As I have only very recently taken the decision to stand down I have not had a chance to try and find a replacement. Anyone who is interested can be assured that they will get first class help and support from the Committee. Others on the Committee have far more demanding roles than that of the Chairman.*

*I think I have been Chairman now for 6 years. It is about time that someone else took over and can bring in fresh ideas and enthusiasm to help move the club forward. It has been a really enjoyable and rewarding experience for me. I would like to thank everyone who has helped and supported me in this role.*

### **TREASURER – report prepared by LIZ SLADE**

*The accounts presented to you tonight are for the club's financial year 1 October 2012 to 30 September 2013. Jo Slade has reconciled the bank statements and petty cash balances. All expenditure has been agreed to match invoices and spreadsheets have been checked for correct formulae and totals. Please see evidence on accounts.*

*As well as the summary of income and expenditure along with a few notes of explanation, I have provided a copy of all transaction details for both the Nat West and cash accounts (one set per row of chairs).*

*As stated at last year's AGM, it was agreed by the Committee to review membership subscription ahead of tonight's meeting. At its meeting held on 21 October 2013, the Committee agreed to propose a rise in membership subscription due to increased costs of fees, subs and hall and track hire. This will be discussed under a separate item.*

*I have thoroughly enjoyed my five years as Treasurer and two years before that as Press Secretary. However, as stated in my report last year, I am standing down from the Committee this evening. I thank you all for making my job, for the most part, easy and to the Committee for their support over the years. I think seven years is enough for now and wish my successor well in this fulfilling role.*

## **NEWSLETTER EDITOR – report prepared by DAVE EVENDEN**

*I took over the editorship of the newsletter in around January this year, and it has all been quite an interesting and therefore enjoyable experience. I had excellent support from the previous incumbent Heidi, who provided plenty of help getting me up to speed.*

*I had no prior experience in Desk Top Publishing (DTP) or in producing a newsletter, and I quickly tried to get to grips with the differences with Word Processing with which most of us may be familiar.*

*I don't have access to professional DTP tools, so I use an Open Source (i.e. 'free') software package called Scribus, which despite its very low cost is fully featured - so much so that it has been possible to emulate to a significant extent the rather nice house style already established by Heidi. For occasional image manipulation for fancy effects - I use GIMP. For bashing in words I use Notepad or - for more demanding stuff - there is OpenOffice and LibreOffice. All these are of course also 'free' packages, and this is quite important for club purposes.*

*Obtaining articles from members has been straightforward, though sometimes things do arrive a bit late which necessitates some exciting last minute formatting changes. Page count peaked at 20 for the last edition - so many thanks to all those concerned.*

*I have continued with BML Printers. They were quite helpful in the early stages, as they too were unfamiliar with print-ready output from Scribus. Between us we found a way. The print-ready files are quite large, so rather than email I use DropBox for getting the files to BML and they seem quite happy with this.*

*I create two versions of the final copy. One is high resolution for printing purposes; the electronic PDF version is smaller to make download by members requesting an electronic copy quicker and simpler.*

*I take care of electronic distribution using email addresses provided (very promptly) by David Nixon. Hannah (also very promptly) puts a link to the electronic version on the RRR Website, and I email out a link to that. David also takes care of printed copy distribution by hand or by post. My thanks to both Hannah and David!*

*There are couple of minor issues I'd like to raise. The first is the apparent scarcity of up-to-date, good quality, and high resolution photos. High Res pictures are needed for technical reasons for printing, especially the front cover. As time goes by, the selection available in various places could start to look a little antiquated. This is not problem for visual impact say, but the lucky subject and their relatives may be a little puzzled. I wonder from time to time whether a 'picture editor' role might be needed and might indeed work. My second issue is the ability to do tables in an effective and non-time-consuming manner. This is known bug-bear in DTP circles, and I have tried different ideas in different editions. Please bear with me whilst I progress this as the various race results, league, fixtures, and training schedule tables are major and important part of the Newsletter's content.*

*I currently have a call out for articles for the next edition, and have had a few responses indicating intent. Real work is pretty hectic for me at the moment, but I see no reason why the winter edition should not be available at the beginning of December, assuming the articles start rolling in.*

## **MEMBERSHIP SECRETARY – report prepared by DAVID NIXON**

*At the end of 2012 we had 119 members. In 2013 85 members renewed. Of the others 2 retired, 2 resigned and 4 moved away from the area. We have had 19 new members so at the time of writing we have 104 members.*

*For quite a few renewals the forms only have your name on. I know not everyone has told me of a change in their details, especially address and email. I am therefore asking everybody to complete a new form to go with their renewal fee.*

*The Membership Form is being modified so that you will have to opt into joining England Athletics rather than opting out. This means the membership fee will be the club fee, with an additional £10 to be included in your payment if you wish to join EA.*

*Please note the constitution says that "members shall pay their subscription fees by 1st January". It will help me, the Treasurer and the club's cash flow if you can pay on time.*

*I would like to thank my wife and those members who have helped me with the computer aspects of my duties, and also our Secretary for dealing with the England Athletics memberships.*

**Comments:**

It was suggested that the new Membership Form should also include a tick box for joining the google group, as all new members should be encouraged to join.

It was also queried whether members contact details could be circulated. It was noted that there is a tick box on the application form to cover this, however it was felt that details should only be circulated to the Committee and members can contact the Committee for individual contact details as necessary.

**ACTION: Committee – consider amending the membership form to include a tick box for joining the google group.**

**SOCIAL SECRETARIES – report prepared by DI CROSS & KAREN KEANE**

*We have enjoyed our final year as Social Secs, and hope the Awards Night next week will be a fitting swansong - and the perfect introduction for Alice, who is taking over the role.*

*After two successful nights at the White Horse, we are heading to Ampfield Golf & Country Club for the 2013 event. After problems last year with the entertainment in Romsey, we have managed to strike a good deal with the golf club enabling the Committee to subsidise the ticket price for members. Around 60 people have booked to come, and it promises to be a great night. We're excited!*

*This year began again with a New Year's Day run from the Bear and Ragged Staff, and we supported David Page with the organisation of this. As ever, a great start to the year. Di previously hosted a Christmas Eve run and, later in the year, Di and Mark held a home run from Whiteparish on August Bank Holiday – the only home run this year.*

*In April, we returned to The Sun for the pre-London Marathon pasta party. This year, we had the pleasure of congratulating runners who had completed the Brighton marathon on the Sunday as well as wishing our London runners well. The pub, once again, did us proud - as did David Nixon with his quiz; nearly 50 tickets were sold for this.*

*In May - and, once again, with the co-operation of the weather gods - we headed to Flete in Devon for the club's annual weekender. We stayed at the Quality Inn in Plymouth Hoe, which, while not being the most luxurious hotel in the county, had a lovely view. We enjoyed a meal at the Barbican pasta bar on the Saturday and ate at the hotel after the race. The Endurance Life course was stunning, and the wade through the estuary a novelty (thank you, Paul, for telling me it would be high tide).*

*With June came the Beer Race, and another successful barbecue. What would we do without Martin?*

*Then, in July, Romsey Road Runners' marshals again showed RR10ers the art of the fast finish with a post-race dash to the Sir Walter Tyrrell for refreshment.*

*We had hoped to introduce a skittles night, but were unable to do so - something for the future, perhaps. It also proved hard to find people prepared to host home runs. Perhaps pub runs are the way forward for this initiative. Alice...?*

*We hope we have provided fun and entertainment during our three years in the role - the first with Lesley Stone - and wish Alice every success. We are looking forward to sitting back and enjoying the next club social occasion.*

*Your ex-Social Secs, Di and Karen*

### **KIT MISTRESS – report prepared by LYNDA BROWN**

*Following in the footsteps of the great Kit Master (Greg Roulston) I have taken over the responsibility of the club kit this year. We have continued to sell the Ronhill running vests with the new club logo (cost £14), and these are popular as ever with stock running low and soon to be replenished with a range of sizes. I have also sold some of the fluorescent gilets (cost £20) but still have most sizes still in stock, and we continue to provide the High-Viz webbed fluorescent vests at cost of £7. This year, to help to distinguish the session leaders, we have provided all of them with orange High-Viz vests.*

*After a big push to try and sell up the old stock that bears the original club logo I am pleased to say we only have 10 items remaining which can be taken home tonight, all donations welcome.*

*Finally the Club hoodies have proved popular in the past with Greg selling around 20 last year, so I will be placing an order for more of these soon. There will also be the option of having zip hoodies at £2 extra.*

### **FIXTURES SECRETARY – report prepared by HANNAH WHITE**

*The **CC6** series was well underway when I took up the position of Fixtures Secretary, having shadowed Paul Burnage at our race in October. The series concluded with Shantha Dickinson and Christopher Brown as our top finishers. In the 2012/13 series, the faster runner restriction was lifted on a trial basis and when reviewed at the CC6 AGM in August, it was felt that there hadn't been a significant change in the feel of the races as a result. A motion was passed to continue with the restriction lifted for another year, and to review it again in 2014.*

*For 2013/14, an additional race has been added to the CC6 calendar following the inclusion of New Forest Runners and Lymington Tri Club. Our race is next in the series on Sunday 10 November, and this year we will be co-hosting with Halterworth Harriers. My thanks in advance to David Page for all his help with the course and organisation of marshals, and to club members for their support on the day.*

*The summer got underway with the **Mile of Miles Relay** taking place one sunny evening in July. As the winners of the 2012 event we had the pleasure of organising this year's race which we hosted at Southampton athletics track. A record 26 teams entered the event, making it a busy evening on the track. We were able to enter two full teams and my thanks go to Greg Roulston for managing the team sheet, and to him and Chris Lane for being timekeepers. Southampton's A team won the race comfortably with Romsey finishing 7<sup>th</sup> and 16<sup>th</sup>.*

*A few weeks later, and with the weather still in our favour, we hosted the **RR10** at Janesmoor Pond. The course never quite dries out, despite the heatwave we were in the midst of enjoying, but it's fair to*

say that the competitors weren't quite as muddy when they crossed the finish line. Once again we hosted the race with Wessex Runners and the clubs worked well together to put on a very successful event, with 217 men and 127 women taking part. My thanks again to all those who turned out to marshal and support the event, and in particular to David Page for assisting with the course and marshal organisation.

Finally, the **Test Way Relay** took place on 14 September and this year we entered one mixed team into the competition. Running the length of the Test Way, the relay is broken up into 8 legs and we ran a strong race finishing 3<sup>rd</sup> behind Stubbington and winners Totton, in a time of 5 hours 49 minutes. My thanks to those who took part and to Liz Slade and David Page for recording times at Middleton Farm.

I am willing to stay on as Fixtures Secretary for another year.

### **SESSION LEADER COORDINATOR – report prepared by HEIDI GODFREY**

I'd like to start my report to thank everybody for participating in the training sessions, which are enjoyable and fun for us, and hopefully improving your running as well.

As in previous years the summer months saw us back out enjoying the undulating lanes of Braishfield. We continued with the usual 1km efforts and the monthly 5km time trial arranged around the RR10 races. This year we introduced new timing groups that combined effort times and recovery times. This meant you'd start every effort as a group and no one was left behind. Congratulations to John Quayle for winning the Handicap trophy this year.

Each Thursday night when a track session was scheduled we met at Romsey Sports Centre to jog to Mountbatten School as part of the warm up. Those who went straight to Mountbatten School, used the track to jog around as the warm up until the Session Leader arrived and was ready to start the session.

After an RR10 race, we scheduled in a Paced Run. There was a choice of a 3, 5 or 7 mile route. We started off as one group but then split into a number of small groups to accommodate all paces. These nights were used as a recovery jog or a tempo paced effort.

Due to new challenges and responsibilities I will be standing down as Session Leader Co-ordinator tonight. I have thoroughly enjoyed being a Session Leader for the club and hope the new recruit will enjoy the role as much as I have.

Thank you for your time!  
Heidi Godfrey (Hannah, Amanda, Matt, Ian, Alice, David, Pete)

### **PRESS SECRETARY – report prepared by ANNI TOMLINSON**

I have continued to write up the race results for inclusion in the press over the last year, and have a number of reports and good photos of club members published. My reports are largely dependent upon members supplying me the details and wherever possible a photograph (small resolution please), as articles are more likely to be published with photos.

Obviously being injured and not attending club for 10 months, has at times made this a difficult task, however, I hope to be back at club in very near future and I'm happy to continue in the role.

#### **Comments:**

It was suggested that the drop box account used for the newsletter could be used to store photos for press articles as well.

### **WEB EDITOR – report prepared by HANNAH WHITE**

*Following last year's AGM, myself, Matt Hammerton and Ian Ralph volunteered to create a new website and to introduce Romsey Road Runners to the world of social media. Using time over the Christmas break, we got together to build the new website within Wordpress – a user-friendly web-based system that allows for several people to have access to make updates, taking the onus away from it being one person's sole responsibility. We hope that members enjoy the new site and that it has attracted new members to come and join.*

*Some key points to mention are that we now have our own Facebook and Twitter feeds which sit alongside the website, Google Groups and Relay magazine as sources of communication, in keeping with many of the other local running clubs in the area. Facebook is proving a good way of promoting new web content and club messages amongst members (and has 63 followers), whilst Twitter is proving a good way of promoting Romsey Road Runners' events to other local running clubs and vice-versa (and has 103 followers). Going forward we believe that our Facebook and Twitter pages should be further promoted to club members as they are a great way to share photos and stories about race events and achievements, and to develop a sense of camaraderie amongst members after a race has finished.*

*Matt and Ian continue to provide assistance with the more technical aspects of the website and social media, and whilst I have enjoyed looking after content on the website this year, I feel I now need to hand the reins on.*

### **3. BRAISHFIELD BEER RACE REPORT**

*This year saw our best ever number of entries 315, the previous best was 280 in 2010.*

*Final figures:*

*315 total entries - 278 finishers*

*216 pre entered, 99 entered on the day*

*134 were attached to a running club, 181 unattached*

*The weather for race day was dry and sunny. Unfortunately, in the weeks prior to race day, Southern Water decided to excavate and lay a new water main through the village along a major section of our course. We coped well with the difficult situation and early discussion with Southern Water proved valuable as they did their best to ensure that work equipment was moved and that we had a reasonable route through the road works on the day. Hopefully it will be completed before next year's race!*

*Once again we were well supported by our sponsors and hope that they will continue for the 2014 Race. The actual Race date is still to be decided but will be in the early part of June as normal. We made approximately £1,750 profit, less last year's charity contribution of £250 to the Romsey Stroke Club, which will boost club funds and enable us to purchase additional equipment, fund courses and events, and even make further donations to charity if so wished. The format for our race seems to work well and is different to so many others with the reward of cake and beer for finishing. Based on the number of race entries we have had over the last couple of years, we felt that we were reaching the maximum for this event and I said last year that we should contain it to a maximum of 350 for the future; however looking at the car park field it may be able to take 400! This takes into account our race venue, the required facilities, management and resources.*

*The 'Beer Race' is Romsey Road Runners chance to contribute to the running community and the club needs the support of all our members on race day to carry out the various duties required to ensure that all entrants have a safe and enjoyable day.*

*Most of you will be aware that after 5 years I am standing down as Race Director and I am pleased to say we have already recruited one of our members to take over the role and inject their energy and support in order to maintain this very popular club event. I really enjoyed my time as Race Director and I wish to thank the Beer Race Committee for all their hard work over the last few years and to wish every success to the new team who, I am sure, will put on a good show for 2014.*

*Derek Kelly, Race Director*

**Comments:**

Thanks were extended to Derek for the way he has brought the race on over the years and to the Beer Race Committee for the support they have given him.

**4. CLUB MEMBERSHIP FEES**

*Proposal to Increase RRR Annual Member Subscription – prepared by LIZ SLADE*

*During the five years I've held the position of club Treasurer, member subscription, excluding the optional individual fee payable to England Athletics, has remained at £15.00.*

*I'm reliably informed that in the Christmas 1994 Relay it was reported 'the treasurer proposed at the AGM that membership stayed at £15 for the third year'! Subs did increase to £20.00 at some point and it's not known when they were reduced again but it does highlight the club has provided excellent value for money for many years.*

*Successful Beer Races have enabled the club to thrive financially, as well as donating substantial sums to charity. Over the last two years however, Beer Race profits have been relied upon to cover expenses which should be funded by member subscriptions. You will note from the 2012/13 accounts, expenditure on fees and subs, hall hire and track hire totalled £2,215.71, whilst membership income was £1,968.50. Recent increases in costs covered by the club include:*

- Hampshire Athletics affiliation fee - now £75.00 compared to £50.00 in 2012*
- Woodley Village Hall Hire Rate which has gone up twice during this (club) financial year - now £9.67 per session compared to £4.38 in October 2012; an increase of approximately £250.00 per annum (121% increase per session).*
- RR10 fees – now £85.00 compared to £50.00 in 2011/12*
- New subscription in 2012/13 to Triathlon England - £105.00*

*I therefore propose member subscription is increased from £15.00 to £20.00 per annum from 1 January 2014, generating up to an additional £510.00 based on 102 members (as in 2012) paying a full subscription.*

**Comments:**

Paul Bradley confirmed that the Committee had discussed the issue at its last Committee meeting and the rise in membership fee was unanimously supported. It was felt that £20 per year would still represent good value for money.

It was confirmed that the rise in cost of Woodley Village Hall was queried and they did hold back imposing a full rise in cost so the club could have the opportunity to review membership subscriptions. It was also noted that the overall hire fees, although a significant increase, are not unreasonable and are now in line with other hire fees in the area.

The rise in membership fee to £20 per year was proposed by Paul Bradley and seconded by David Nixon. A vote was held and the rise was unanimously agreed.

**ACTION: Committee – ensure all members are aware of the rise in membership fees (amend membership form and website).**

## 5. SUMMER TRACK TRAINING

A few changes had been made to the format of the summer training sessions this year:

- For Monday sessions timing groups were introduced to solve the problem of people finishing early or being left behind. This worked extremely well, with all groups finishing within 90 seconds.
- Thursday sessions involved bigger changes, with formal track sessions scheduled every other week and paced runs scheduled for the weeks following an RR10 (although some members continued to go to track every week). Members also organised a social cycle ride which proved popular, particularly following an RR10. This meant that some weeks three different activities would be going on.

The meeting place for both sessions was changed to the Sports Centre as this presented more options for the paced run and allowed a longer warm for the track sessions, as a number of people were getting injuries having a warm up of only two laps of the track.

David Nixon reported that a number of members had raised concern about the fragmentation of the Thursday sessions and presented some options for discussion.

- Carry on with the sessions as held this year (track and paced runs alternate weeks)
- Scheduled track session every week, meeting at Mountbatten School
- Scheduled track session every week, meeting at the Sports Centre (for a longer warm up)
- Paced run from the Sports Centre every week and no scheduled track sessions
- No training on Thursdays (giving greater opportunities for group cycle rides)

Annie Tomlinson proposed an additional option, to introduce different session's e.g. off-road running.

Tony Peelo reported that figures attending track sessions this year rarely reached double figures, and that cycle sessions may have contributed to this. He felt that group cycle rides should not be arranged on club nights. It was also felt that one meeting place should be set, the track, and that a longer warm up can be done from here by running around the entire field rather than just the track.

Jane Carter agreed that one meeting place should be set, and again felt that this should be the track.

Chris Lane shared concerns that giving options meant that people were not turning up. He also noted that in last year's AGM minutes it was stated that if cycle '*sessions are arranged that these are not organised on main club nights*'. Chris confirmed that he had continued to use the track every week because it was being paid for and raised concern that if using the Sports Centre throughout the year the club would be charged.

Heidi Godfrey noted that the track was paid for every week, regardless of whether a formal track session was scheduled. This was specifically because some members had stated that they would continue to run at the track every week. It was also confirmed that the Sports Centre had been consulted and they were happy for the club to meet there every week, the only concern would be if the club started using the sports fields, which it would not be doing.

Derek Kelly noted that fewer people turn up to Thursday sessions, compared to Mondays, regardless of the scheduled session. Derek reported that he enjoys track sessions but has also arranged some of the cycle sessions as he would generally not want to run following an RR10. Julia Abab confirmed that she would find it difficult to run after an RR10 and by going on the cycle ride this would not be taking her away from attending a club session as she would not run anyway.

Hannah White noted that the alternative Thursday sessions were introduced to try and address some of the fragmentation issues experienced in previous years and the low numbers attending track. Unfortunately this could not be trialled properly this year as some members continued to go to track every week and did not attend the scheduled session.

It was suggested that the benefits of track sessions are promoted more at the beginning of the season as it has become more of a secondary choice. Chris Lane also noted that track sessions are good for new members, and are particularly less intimidating than Braishfield sessions.

There was general agreement that all club members should meet in one place regardless of the session. A vote was held to establish the preferred meeting place between Mountbatten School and the Sports Centre. The substantial majority voted to meet at Mountbatten School.

A vote was held to establish the preferred option with regards to the track sessions – every week, every other week or no track. The majority voted to resume scheduled track sessions every week.

It was therefore resolved that a scheduled track session would be held every week and everyone should meet at Mountbatten School at 6.30pm for messages. Recovery runs can still be held or members can choose to run an easy session however track should be the core focus of the session.

It was agreed that numbers should be monitored and that it should be reviewed next year.

**ACTION: Committee – ensure members are aware of the arrangements for Thursday summer sessions next year.**

**ACTION: Committee – promote the benefits of track sessions in the lead up to the summer training season.**

**ACTION: Committee – monitor attendance at track sessions and review arrangements for Thursday summer sessions at next year's AGM.**

## **6. AFFILIATION TO BRITISH TRIATHLON FEDERATION**

At last year's AGM it was agreed for the club to affiliate to the British Triathlon Federation (BTF) for a trial period of one year, during which time the Committee agreed to monitor the adverse and beneficial effects on training and membership. It was also proposed that during this time clarification on the detail of the insurance provided by EA should be sought.

It was acknowledged that the number of club members taking part in triathlons had risen this year; however a poll among members revealed that none held individual BTF membership and the majority are not considering becoming a member next year.

As no formal swim or cycle sessions were held, only informally arranged cycle rides (as discussed under item 5) it was not felt that affiliation had distracted from the primary purpose of the club.

A primary draw for affiliating to BTF was the insurance provided for cycle rides. Further clarification was sought from UK Athletics about its insurance coverage and it was confirmed that if cycle rides are

part of a formal club organised session then UKA public liability cover would apply. However the informal/social cycle rides arranged via the google group would fall outside of the policy as it would be classed as a group of individuals. BTF insurance would however cover rides of this nature.

If the club were to continue to affiliate to BTF next year, insurance coverage would therefore continue to be the primary reason for this. Three options were presented for discussion:

- Continue to affiliate to BTF to ensure social cycle rides are covered by insurance
- Do not affiliate to BTF next year and ensure social cycle rides are not organised through club communications channels such as the google group.
- Do not affiliate to BTF next year and ensure a disclaimer is added to the bottom of all google group communications about cycle rides so all are aware that it will be a social meeting and not covered by insurance.

It was not felt that option three would be sufficient to cover the club in the event of a claim so this option was dismissed.

It was suggested that the club decide what it would like to use the google group for. If it would like to continue to use it to arrange group cycle rides then insurance is needed and the club should continue to affiliate. It was felt that the cycle rides offer a great opportunity for cross training and for injured members to stay involved in club activities while they are unable to run.

A vote was held and the majority agreed for the club to continue to affiliate to BTF.

## **7. FUTURE OF THE RR10 SERIES**

Feedback is being sought from clubs on the future of the RR10 series, in particular the questions noted below. The Committee discussed this at its last Committee meeting (thoughts noted in italics) and it was agreed that club members should be given the opportunity to comment at the AGM.

- **With Hedge End joining this year do we want an 11th race? If so, when and where?**  
*No, it will be difficult to fit any more races into the season with the increase of the CC6 league to 7 races. We would also not want any more than 6 races counting towards the league.*

### **Comments:**

There was general agreement with the Committee's thoughts on the matter. It was further noted that more sharing of races should be done to avoid an increase in the number in the series.

- **Do we want longer races, up to 6 miles perhaps?**  
*No, races should remain under 5 miles so as not to discourage new runners.*

### **Comments:**

There was general agreement with the Committee's thoughts on the matter.

- **Applications have been received from Lymington Tri and Chineham Park Runners. Should we consider splitting this growing event into two divisions?**  
*Possibly, however consideration should be given to limiting the number of runners from each club and greater encouragement should be given to car sharing.*

### **Comments:**

It was queried why applications are being accepted when the league is already at capacity. Mark Adams supported more clubs being given the opportunity to join as it is a great opportunity to get

people involved in running. He felt that applications should be accepted from local clubs such as Hedge End (whose membership would have largely been made up of members from other local clubs anyway) which is in the traditional catchment area for the league, however he did raise concern about clubs from further afield, and outside the traditional catchment area being allowed to join.

Concern was raised that accepting applications from Lymington and Chineham would extend the league further than it was intended. There is already concern about the travelling distance to the Stubbington event. David Nixon noted that he was Fixtures Secretary at the time that Stubbington applied to join the league and he voted against their inclusion for the reason that it was not seen to be a local club to the league. He was outvoted by the rest of the clubs. There also used to be a cap on the number of Stubbington runners permitted to take part, however this is no longer imposed and would be difficult to police.

There was general agreement that in its current format the league would not be able to accommodate any more runners without the danger of losing more venues.

It was agreed that races should be kept within a region and that splitting into two leagues may help to solve the current capacity issues and also allow more clubs to join the league.

- *Can anyone suggest any fresh courses that can safely accommodate 400 runners plus associated cars?*  
None

Hannah White agreed to feedback the clubs thoughts to the RR10 Committee.

**ACTION: Committee – submit club response on the review of the RR10 series.**

## 8. LONDON MARATHON DRAW

As only two members qualified for club places, they were automatically awarded to Tony King and Wayne Windebank.

## 9. ELECTIONS FOR OFFICE

Committee Position	Name	Outcome
Chairman	VACANT	
Secretary	Amanda Hull	Re-elected unopposed
Session Leader Coordinator	Ian Ralph	Proposed by Paul Bradley Seconded by Heidi Godfrey
Membership Secretary	David Nixon	Re-elected unopposed
Treasurer	VACANT	
Press Secretary	Annie Tomlinson	Re-elected unopposed
Kit Secretary	Lynda Brown	Re-elected unopposed
Fixtures Secretary	Hannah White	Re-elected unopposed
Social Secretary	Alice Lane*	Proposed by Heidi Godfrey Seconded by Jane Carter
Newsletter Editor	Dave Evenden	Re-elected unopposed
Web Editor	John Quayle	Proposed by Hannah White Seconded by Karen Keane
Beer Race Director	Chris Stocks	Proposed by Derek Kelly Seconded by Paul Bradley

*\*Becky Tovey agreed to assist Alice in the role of Social Secretary. Following the meeting she confirmed that she would prefer to do this role in an unofficial capacity and will therefore not be recorded as a Committee Member.*

**Comments:**

Thanks were extended to Paul for all he has done for the club in his six years as Chair.

**ACTION: Committee - encourage club members to take on the vacant Committee positions.**

**10. AOB**

- An issue had been raised that group 3 would rather jog straight back to the hall after they have completed their efforts whilst group 4 would like group 3 to jog back and meet them. It is proposed that Session Leaders use their discretion each session as the weather gets colder about letting group 3 go on back, but they themselves would still need to wait or go back and join group 4. Whatever decision the Session Leader takes, they should make it clear at the start of the session so that both groups know what the plan is. If the Session Leader is in group 4, they will need to nominate someone in group 3 to ensure everyone has returned back to the hall.

There was general agreement for the proposed approach to be adopted. It was also noted that for certain effort sessions the gaps are significantly larger and that the time on the roads could be altered to reduce this difference.

**ACTION: Session Leaders – consider options to reduce group 3/4 waiting times; ensure clear instructions are given at the start of each session.**

- On behalf of all club members, Derek Kelly expressed his thanks to the Committee for all the work they do to keep the club running.

**Date of next AGM: Wednesday 5<sup>th</sup> November 2014**

**Award Winners 2013 – announced at the Awards Evening on 15<sup>th</sup> November.**

<i>Winter Cross Country (M)</i>	<i>Christopher Brown</i>
<i>Winter Cross Country (F)</i>	<i>Shantha Dickinson</i>
<i>RR10 (M)</i>	<i>Matt Hammerton</i>
<i>RR10 (F)</i>	<i>Tam Ryan</i>
<i>Pentathlon (M)</i>	<i>Wayne Windebank</i>
<i>Pentathlon (F)</i>	<i>Lynda Brown</i>
<i>Pentathlon (V50)</i>	<i>Di Cross</i>
<i>Sally Sillence</i>	<i>Neil Jennings</i>
<i>5km Time Trial</i>	<i>John Quayle</i>
<i>Chairman's Award</i>	<i>Liz Slade</i>
<i>RRR of the Year</i>	<i>Hannah White</i>