|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **MALE** | | | | | | | | | |
| **Name** | **5km** | **5m** | | **10km** | | **10m** | **½ Marathon** | **Marathon** | **Total** |
| 1. Neil Jennings | 37  (0:19:48) | 40  (0:31:06) | | 32  (0:39:14) | | 40  (1:07:58) | 29  (1:41:13) | # | 178 |
| 2. Wayne Windebank | N/A  (0:21:11) | 34  (0:35:07) | | 30  (0:41:27) | | 37  (1:08:49) | 34  (1:35:42) | 32  (3:47:03) | 167 |
| 3. Christopher Stocks | 27  (0:20:50) | 37  (0:33:45) | | 28  (0:42:19) | | 32  (1:16:13) | 32  (1:40:06) | # | 156 |
| **FEMALE** | | | | | | | | | |
| **Name** | **5km** | **5m** | **10km** | | **10m** | | **½ Marathon** | **Marathon** | **Total** |
| 1. Tam Ryan | 40  (0:20:37) | # | 40  (0:43:25) | | 40  (1:10:49) | | 40  (1:34:07) | 40  (3:15:41) | 200 |
| 2. Jo Weguelin | 34  (0:22:05) | 37  (0:38:19) | 37  (0:47:20) | | 29  (1:29:01) | | 34  (1:48:13) | # | 171 |
| 3. Brenda Topliss | N/A  (0:23:42) | 34  (0:41:07) | 34  (0:49:40) | | 30  (1:26:38) | | 32  (1:52:32) | 32  (4:36:53) | 162 |
| **OVER 50** | | | | | | | | | |
| **Name** | **5km** | **5m** | **10km** | | **10m** | | **½ Marathon** | **Marathon** | **Total** |
| 1. Paul Burnage | 40  (0:20:37) | 40  (0:35:20) | 40  (0:43:21) | | 40  (1:15:13) | | 40  (1:40:27) | # | 200 |
| 2. Brenda Topliss | N/A  (0:23:42) | 37  (0:41:07) | 40  (0:49:40) | | 37  (1:26:38) | | 40  (1:52:32) | 40  (4:36:53) | 194 |
| 3. Penny Jennings | 34  (0:25:57) | 40  (0:38:08) | # | | 40  (1:24:31) | | 34  (1:58:23) | # | 148 |