

## Risk Assessment: Covid 19

Date:	Assessed by:	Location :	Review :
17 / 06 / 20	Moira Sankey	Romsey Road Runners	December 2020 or sooner if guidelines change.

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Spread of Covid 19 infection	All club members and/or members of the public. By inadvertent spread of the coronavirus	<ul style="list-style-type: none"> <li>Members aware they should not run if unwell or injured.</li> </ul>	L	<ul style="list-style-type: none"> <li>The committee will advise all members not to come to Club if they feel unwell with possible Covid 19 symptoms or if they suspect they may have had contact with anyone with or suspected of having Covid 19</li> </ul>	L	The committee	20/06/20	

<p>Risk of transfer of Covid 19</p>	<p>All runners and members of the public due to transfer of virus</p>	<ul style="list-style-type: none"> <li>All groups will conform in size according to the current government guidelines</li> <li>Groups will meet outdoors and away from public thoroughfares</li> <li>The session leader for each group will remind runners of the need for social distancing before, during and after the run</li> </ul>	L	<ul style="list-style-type: none"> <li>Ongoing supervision throughout the session by each session leader</li> <li>Ensure social distancing according to current government guidelines</li> <li>The session leader will terminate the session if adequate social distancing cannot be safely observed</li> </ul>	L	<p><i>Karen Keane Session Leaders</i></p>	<p>20/06/20</p>	
<p>Club member who has previously attended a running session subsequently becomes unwell with Covid 19</p>	<p>Other club members who may have been a contact.</p>	<ul style="list-style-type: none"> <li>Social distancing will be in place</li> </ul>	L	<ul style="list-style-type: none"> <li>A contact number for each runner will be taken by each session leader before the run, and a register of date and name of runners attended will be kept for 4 weeks according to data protection guidelines and then shredded. This will facilitate the runner to be aware of possible contacts for contact tracing if needed.</li> </ul>	L	<p>Committee members and session leaders</p>	<p>20/06/20</p>	

<p>Ensuring Covid secure environment as group numbers may increase along with current government guidelines</p>	<p>Runners and their contacts</p>	<ul style="list-style-type: none"> <li>Currently recording the names of those attending the sessions for 4 weeks post run to ensure accurate track and trace if needed.</li> </ul>		<ul style="list-style-type: none"> <li>Covid Questionnaire will be sent to each runner, and the session leader will check that each runner in their group can answer "No" to each question prior to the run. (Including the session leader). The names will be placed on the questionnaire with confirmation of this and signed by the session leader.</li> </ul>		<p>The committee</p>	<p>27th July 2020</p>	
<p>Injured runner during Covid 19 pandemic</p>	<p>The injured runner and person giving assistance due to proximity of the persons involved.</p>	<ul style="list-style-type: none"> <li>Session leaders currently basic bandages /dressings</li> </ul>	<p>L</p>	<ul style="list-style-type: none"> <li>A face covering, gloves and hand sanitiser will be issued to each session leader. The injured person will be advised to use face covering if appropriate. A decision will be made to end the session, and appropriate help summoned if needed either 999, 111, or the injured persons contact number.</li> </ul>	<p>L</p>	<p>Session Leaders</p>	<p>20/06/20</p>	
<p>Suitable Running Routes for appropriate Social distancing</p>	<p>All current running routes are risk assessed</p>	<ul style="list-style-type: none"> <li>Further risk assessment of running routes in the light of the current Covid 19 situation, to ensure that adequate social distancing can be maintained and reduce any public interaction</li> <li>Some routes may have to be changed or not used during the current pandemic</li> </ul>	<p>L</p>	<ul style="list-style-type: none"> <li>All runners and session leaders will be made aware of new /changed routes.</li> </ul>	<p>L</p>	<p>Committee members and session leaders</p>	<p>20/06/20</p>	

Using indoor facilities.	Members of RRR and potentially other users of the premises	<ul style="list-style-type: none"> <li>• Covid Risk Assessment in place by venue organisers and are being adhered to by the RRR club</li> </ul>		<ul style="list-style-type: none"> <li>• Sanitising wipes and gel will be provided.</li> <li>• All runners/members will be made aware of the conditions of use.</li> <li>• It will be noted on the existing register which runners entered the building.</li> <li>• Indoor venue only used briefly for storing outdoor clothing/keys etc. that are not needed by the individual runner for the session. Use of toilets as needed</li> </ul>		The committee and session leaders	28 /09/20	
--------------------------	--	---	--	---	--	-----------------------------------	-----------	--

NB Copy and paste rows as required