

VIRTUAL PENTATHLON RESULTS

2020

MASSIVE well done to the following
RRR's who completed the virtual
pentathlon this season!!!.....



MENS PENTATHLON

WINNER – TOM BRAY!!!

	5km	5miles	10km	10miles	Half Marathon
Tom B	0:14:54	0:27:49	0:33:13	1:17:35	1:41:12
Mark S	0:18:07	0:30:10	0:37:51	1:04:27	
Tim P	0:18:25	0:29:28	0:38:19	1:03:06	
John H	0:23:13	0:00:00	0:49:28	1:23:00	1:58:15
Nigel H	0:22:22	0:38:58	0:47:29	1:27:57	
Steve E	0:23:53	0:37:49	0:47:53	1:18:24	
Ray W	0:23:26	0:39:16	0:49:13	1:19:38	

LADIES PENTATHLON

WINNER – SUE SYLVESTER!!!

	5km	5miles	10km	10miles	Half Marathon
Sue S	0:27:13	0:44:46	0:57:49	1:36:20	
Lin W	0:28:22	0:47:40	1:00:47	1:41:21	

A MASSIVE kudos to Sue and Lin for managing to complete the table during the first lockdown!!! AMAZING effort!!!

VETS PENTATHLON

WINNER - MARK STILEMAN!!!

	5km	5miles	10km	10miles	Half Marathon
Mark S	0:18:07	0:30:10	0:37:51	1:04:27	
Nigel H	0:22:22	0:38:58	0:47:29	1:27:57	
Steve E	0:23:53	0:37:49	0:47:53	1:18:24	
Sue S	0:27:13	0:57:49	0:44:46	1:36:20	
John H	0:23:13	0:00:00	0:49:28	1:23:00	1:58:15
Ray W	0:23:26	0:39:16	0:49:13	1:19:38	
Lin W	0:28:22	0:47:40	1:00:47	1:41:21	