

Race Number	First Name	Last Name	Club
200	Diane	Abraham	100 Marathon Club
360	Jay	Adams	
161	Robert	Agar	Retford Athletics Club
65	Jamie	Anderson	
141	Tim	Anderson	Winchester Running Club
11	Mick	Anglim	Hardley Runners
55	Sharon	Ardley	Eastleigh RC
153	Edward	Armitage	Winchester Running Club
150	Toby	Aspin	
354	Steven	Atkinson	
367	Helen	Backshell	Lordshill Road Runners
82	William	Baggs	Hedge End Running Club
285	Charlotte	Baker	
173	Gordana	Balac	
388	Will	Banks	
312	Suzy	Bannister	
313	Mark	Bannister	
205	Rob	Barlow	Totton RC
371	Ellie	Barnes	
424	Aimee	Bartlett	
85	Harrison	Bates	
391	Miranda	Bates	Chandler's Ford Swifts Running Club
16	Ruth	Beardshaw	
352	Tara	Bell	
203	Rob	Benham	Hamwic Harriers Running Club
24	Paul	Bentley	
414	Rob	Bentley	
415	Adriana	Bentley	
17	Simon	Betteridge	Eastleigh RC
51	David	Bittlestone	Chandler's Ford Swifts Running Club
233	David	Bligdon	
117	Clare	Bloomer	
265	Rachel	Bond	
306	Kate	Bone	
359	Alex	Bowman	
361	Jonathon	Bowman	
422	Samantha	Bowyer	Totton RC
138	Carly	Boyce	Chandler's Ford Swifts Running Club
278	Sian	Brett	Solent Running Sisters
260	Stacey	Brink	
323	Seri	Brink	
73	Gary	Brown	
272	Colin	Brown	Eastleigh RC
400	Ben	Brown	
338	Susan	Bryan	Itchen Spitfires Running Club
3	Alice	Burch	Southampton Athletic Club
113	Emma	Callaway	

242	Rob	Callen	Lordshill Road Runners
71	Linda	Cantelo	
288	Steve	Carr	
321	Kirsty	Carter-Brown	
149	Ian	Chambers	
223	Donna	Chambers	Itchen Spitfires Running Club
248	Sarah	Chambers	
221	Paul	Chapman	
240	Emma	Childs	
241	Jonny	Childs	
40	David	Chillingworth	Halterworth Harriers
47	Kat	Chivers	Hamwic Harriers Running Club
202	Simon	Clarke	
207	Candace	Clarke	
209	Lynda	Clarke	
329	Sophie	Coady	Totton RC
246	Claire	Cochrane	
273	Sarah	Collings	
275	Mark	Collings	
317	Chris	Cook	Lordshill Road Runners
162	Richard	Cooper	Lordshill Road Runners
44	James	Corder	
129	Angela	CORRIE	Lordshill Road Runners
77	Patrick	Coughlin	
66	Andrew	Coupe	Halterworth Harriers
283	Rui	Coutinho	
403	Michael	Cowling	
191	Richard	Crawford	Lordshill Road Runners
69	Diana	Crawshaw	
439	Neville	Crisp	
189	Ellis	Crook	Netley Abbey Runners
91	Emma	Cullen	Halterworth Harriers
296	Mark	Cunningham	
111	Stephen	Curtis	
438	Mark	Curtis	
264	Max	Cushion	
131	Anna	Cuthbertson	
385	Zack	Cuthbertson	
410	Anna	Davey	
135	Imogen	Davies	
230	Kathryn	Davies	Lordshill Road Runners
442	Kate	Davies	
46	Tanya	Davis	Totton RC
196	Sarah	Davis	Lordshill Road Runners
201	Neal	Davis	
116	Claire	Deacon	Eastleigh RC
127	Rebecca	Diggle	
356	Tom	Dodds	

419	Teresa	Dodkin	Totton RC
266	Chris	Dooley	
281	Michelle	Dorrington	Bournemouth AC
263	Ella	Douglass-O'Brien	
305	Emma	Dowinton	
351	Irina	Dowling	
386	Jerome	Dowling	
139	Nichola	Doyle	
155	Rachel	Dryden	Hamwic Harriers Running Club
365	Mike	Dukes	Lordshill Road Runners
211	Cynthia	Dumousseaud	
14	Alexandra	Dunn	Netley Abbey Runners
52	Lisa	Dyer	Netley Abbey Runners
128	Richard	Eatwell	Eastleigh RC
357	Trevor	Ellery	
333	Peter	Ellis	Totton RC
137	ROSIE	ESSERY	Lordshill Road Runners
94	Edward	Evans	
409	Graham	Evans	Lordshill Road Runners
92	John	Fahey	
343	KONRAD	FAITHFULL	
276	Alison	Farmer	Solent Running Sisters
387	Jon	Faulkner	
374	Andrew	Flack	
229	Martin	Fletcher	
319	Hollie	Foley	
310	SARAH	FORD	
311	Martyn	FORD	
154	Jamie	Foster	Southampton Athletic Club
245	Joh	Foster	
1	Charles	Fox	New Forest Runners
393	Rachel	Fox	Lordshill Road Runners
118	Clive	French	
190	Danielle	Friedman- Brown	Solent Running Sisters
110	Aaron	Gallimore	Eastleigh RC
420	Michelle	Gammon	Totton RC
18	Louis	Gauntlett	Eastleigh RC
86	Anna	Giles	Eastleigh RC
87	Robert	Giles	Eastleigh RC
6	Elizabeth	Gilroy	
416	Julie	Gilvear	
364	Tom	Goddard	
297	Peter	Godsland	
443	Ed	Goldsack	
444	Shellie	Goldsack	
193	Chris	Goodhead	
109	Steve	Goodwin	Winchester Running Club
142	Gill	Goodwin	Winchester Running Club

158	David	Gorman	Chandler's Ford Swifts Running Club
167	Penny	Gorman	Chandler's Ford Swifts Running Club
163	Jordan	Gosney	
268	Laura	Goss	Hamwic Harriers Running Club
5	Alan	Graham	Lordshill Road Runners
348	JONATHAN	GRAINGER	Southampton Athletic Club
244	Mel	Green	Totton RC
54	Kevin	Greenhough	Lordshill Road Runners
293	Marc	Grover	
57	Neil	Groves	Eastleigh RC
49	Sarah	Hall	Hardley Runners
252	Carl	Hall	Hardley Runners
145	Martin	Hall-May	Hamwic Harriers Running Club
172	Julian	Hamblin	
436	Aimee	Hamblin	
253	Claire	Hanrahan	Stubbington Green Runners
407	Hannah	Harding	
70	Andrew	Harker	Halterworth Harriers
48	Christine	Harris	Hardley Runners
181	Janet	Haughton	
216	Matt	Haynes	
231	Peter	Haynes	Southampton Athletic Club
250	Stuart	Haynes	
89	Jonathan	Heath	
75	Nicky	Heather	Chandler's Ford Swifts Running Club
31	Imogene	Hedges	Itchen Spitfires Running Club
93	Claire	Hemmings	
7	Louise	Henning	Totton RC
206	Dawn	Heppell	Lordshill Road Runners
292	Kathryn	Herbert-Clark	Chandler's Ford Swifts Running Club
4	Helen	Herman-Bonaer	Totton RC
395	Geoff	Herron	
151	Darryl	Hetzel	Itchen Spitfires Running Club
381	Louise	Higgs	Lordshill Road Runners
330	Harvey	Hiscock	Totton RC
96	Mike	Hodges	Winchester & District AC
225	Jonathan	Hogan	
68	Fiona	Hoggarth	
217	Keith	Hollis	Southampton Athletic Club
10	Melvyn	Holloway	City Of Salisbury AC & RC
125	Marc	HOLMES	Southampton Athletic Club
421	ANTHONY	HOLT	
286	Caitlin	Hooton	Lordshill Road Runners
380	David	Horne	
426	Geoffrey	Horwood	DORSET DODDLERS RC
58	Neil	Hotson	Hardley Runners
394	Hannah	Howard	
56	David	Howells	Winchester Running Club

26	Emlyn	Hughes	Southampton Athletic Club
132	Sarah	Hughes	Netley Abbey Runners
251	Chris	Hunter	
314	Adam	Hurst	Lordshill Road Runners
390	Chris	Hutber	
13	Simon	Ibbotson	Hardley Runners
262	Emily	Innes	
431	Paul	Isaia	Chandler's Ford Swifts Running Club
187	Claire	Jackson	
226	Jon	Jackson	Halterworth Harriers
437	Andrew	Jaggard	
95	Mike	Johnson	Eastleigh RC
123	Steven	Jones	
232	Harry	Jones	
236	Olivia	Jones	
41	Alison	Kaines	Totton RC
358	Subaline	Kaluvan	
429	Pauline	Kelsey	
238	Natalie	Kempster	Chandler's Ford Swifts Running Club
239	James	Kempster	Chandler's Ford Swifts Running Club
79	Sam	Kent	Halterworth Harriers
62	Andy	King	
133	Adam	King	
37	Monika	Kotwica	Itchen Spitfires Running Club
295	Emma	Landick	
339	Emma	Langley	
299	Sara	Lasca	Solent Running Sisters
168	Hannah	Leach	
175	Samuel	Leach	
134	Mathew	Lee	
136	Anna	Lee	
369	Emily	Lees	
324	K	Leigh	
76	Adrian	Lewis	
146	Jacob	Lewis	
204	Ben	Lewis	Lordshill Road Runners
412	Rachel	Lloyd	
258	Melissa	Lock	
271	Mark	Lovell	
308	David	Lowe	
309	Jen	Lowe	
147	Carly	Lucas	Totton RC
294	James	Mackenzie	
413	Kenny	MacLennan	
186	David	Madelin	Southampton Athletic Club
210	Julian	Mann	Winchester Running Club
220	Dominic	Mann	
404	Derek	Manser	

405	Ollie	Manser	
406	Robyn	Manser	
433	Sian	Marshall	
30	Steven	Matty	Stubbington Green Runners
411	Benjamin	May	
373	Anna	McClarnon	
199	Sara	Mccloskey	Lordshill Road Runners
254	Charlie	McCoy	
121	Mike	McGonigle	
174	Stephanie	McGowan	Lordshill Road Runners
122	Shelley	McMillan	Chandler's Ford Swifts Running Club
124	Mark	McQueen	Chandler's Ford Swifts Running Club
43	Erika	MEADES	
445	Alex	Melligan	
349	Cam	Melling	
247	Elizabeth	Messum	
325	Abby	Milchard	
326	Andy	Milchard	
106	Amanda	Miles	Southampton Athletic Club
29	Will	Millar	Chandler's Ford Swifts Running Club
20	Victoria	Miller	
32	John	Mills	Winchester Running Club
107	Rhian	Mitchell	Lordshill Road Runners
331	Bryony	Mitchell	
375	Luke	Moore	
396	Cairine	Morton	
45	Karwan	Moutasim	Hardley Runners
256	Rachel	Mullin	
166	Josh	Murray	Hamwic Harriers Running Club
425	Brooke	Murray	
215	George	Murrell	
334	Peter	Nash	
195	Michelle	Nears	
428	Simon	New	
208	Hayley	Newman	Lordshill Road Runners
302	Mike	Newman	Lordshill Road Runners
179	Paul	Newson	Lordshill Road Runners
182	Lynne	Newson	
224	Pauline	Nicholson	Hedge End Running Club
350	Imogen	Nicholson	
287	Vickie	O'Leary	
423	Lynn	O'Byrne	
27	Noel	O'Dowd	Southampton Athletic Club
188	Sean	O'Grady	
218	Carla	O'Grady	Itchen Spitfires Running Club
156	George	Olden	
261	darren	olden	
315	Rob	OLeary	

340	Seb	Olingschlaeger	
267	Ian	Ordish	Hardley Runners
235	Geoff	Orme	
377	Emily	Osborn	
72	Daniel	Osborne	
417	Jon	Osman	Eastleigh RC
301	Thomas	Overington	
23	Claire	Painting	
88	Simon	Palmer	
430	George	Palmer-Bailey	
440	laura	palmer-bailey	
36	Charlotte	Pardon	Eastleigh RC
284	Oliver	Park	Waverley Harriers
318	Glynne	Parsons	Stubbington Green Runners
90	C	Pater	
291	Sara	Patterson	
303	Alison	Pay	
304	Simon	Pay	
322	John	Payne	
399	Lawrence	Pearman-Kanza	Itchen Spitfires Running Club
61	Richard	Pemberton	Halterworth Harriers
342	Flavien	Petit	Southampton Athletic Club
144	Philip	Pinch	Chandler's Ford Swifts Running Club
316	Alice	Pitman	
112	Claire	Pond	Lordshill Road Runners
213	DEAN	POWELL	Lordshill Road Runners
177	Andy	Prestidge	Chandler's Ford Swifts Running Club
243	Jude	Price	
255	Tom	Price	
19	Christopher	Puzey	Itchen Spitfires Running Club
274	sonia	rafael	
50	Clare	Ramsey	Chandler's Ford Swifts Running Club
119	Kate	Randall-Coles	Eastleigh RC
435	Shahin	Rasti	
335	Dan	Ray	
34	Joanna	Reed	Stubbington Green Runners
143	Suzanne	Reimer	Chandler's Ford Swifts Running Club
290	Emma	Remsbery	
363	Abigail	Ro	
126	Peter	Robbins	Eastleigh RC
176	Mitchell	Robson	Itchen Spitfires Running Club
97	Anne	Roe	
234	Dawn	Rogers	New Forest Runners
120	Steve	Rood	
114	Kieran	Ross	
64	Phil	Rowell	
164	Adam	Ruddy	Lordshill Road Runners
9	Sarah	Russell	Halterworth Harriers

418	Anne	Sales	Solent Running Sisters
74	Aurelie	Sanner Theaker	
183	Chris	Sansome	Lordshill Road Runners
192	Anne	Sansome	Lordshill Road Runners
307	Maxine	Sawyer	
372	Claire	Scammell	Verwood Runners
98	Oli	Schofield	
353	Michael	Scoones	
194	Spencer	Scott	
389	Rebecca	Scrivener	
171	Katalin	Sebesteny-Gyore	Lordshill Road Runners
157	Michael	Selby	Eastleigh RC
35	Chris	Selfe	Lordshill Road Runners
378	Sam	Semple	
184	Giulia	Serafin	
148	Paul	Shave	
83	Steve	Shaw	
84	Sam	Shaw	
341	Vicky	Shaw	
320	Tracey	Shepperd	Hedge End Running Club
21	Liz	Shilton	
282	Rich	Shirley	Littledown Harriers
53	Susan	Simister	
257	John	Simister	
108	Emily	Skinner	
178	Mark	Slater	Chandler's Ford Swifts Running Club
185	Chloe	Slater	
355	Timothy	Sly	Lordshill Road Runners
159	Mark	Smallwood	Hedge End Running Club
42	Emma	Smillie	The Running Hub
59	Gavin	Smillie	
15	Julian	Smith	New Forest Runners
101	Len	Smith	Eastleigh RC
160	Emily	Smith	Lordshill Road Runners
228	Jonathan	Smith	Lordshill Road Runners
300	Mike	Smith	Hardley Runners
99	Michael	Snowden	Eastleigh RC
398	Jason	Sparks	Southampton Athletic Club
332	Patricia	Spodzieja	
102	Reece	Stafford	
105	Gary	Stafford	
130	Tara	Stannett	Netley Abbey Runners
28	Tom	Stevens	Southampton Athletic Club
222	Sharon	Stewart	Lonely Goat RC
227	Benjamin	Stewart	
80	Lilly	Stickley	
277	Tamsin	Stratton	
22	Rachel	Sutch	Hamwic Harriers Running Club

103	Johm	Sylvester	
104	John	Sylvester	
115	James	Symonds	Chandler's Ford Swifts Running Club
327	Janet	Taplin	Andover AC
370	Ben	Taylor	
384	Jason	Taylor	
152	Joe	Tester	
63	Samantha	Thomas	
269	Hywel	Thomas	
270	Jo	Thomas	
169	Paul	Thorpe	Hamwic Harriers Running Club
78	Joanna	Titley	
81	Mitch	Titley	
427	Lee	Trueman	Totton RC
336	Katharine	Tucker	Stubbington Green Runners
337	Mark	Tucker	Stubbington Green Runners
376	Thomas	Uglow	
180	PAUL	UNSTED	Eastleigh RC
249	Mick	Unsted	
170	Adam	Van-den-Heuvel	
197	Ann-Marie	VANDERPLANK	Totton RC
328	Richard	Vickery	Halterworth Harriers
441	Callum	Wadlow	Poole AC
366	Andy	Wagstaff	Hedge End Running Club
298	Pete	Wallace	
432	Oli	Walter	
198	Ben	Ward	Itchen Spitfires Running Club
259	Emma	Ward	
67	Stuart	Webster	Halterworth Harriers
39	Stephen	Welch	Lordshill Road Runners
38	Helen	Wellspring	Lordshill Road Runners
214	Matthew	Wellspring	Lordshill Road Runners
212	Kathleen	Weyers	
100	Ben	Whettingsteel	
2	Malcolm	White	Lordshill Road Runners
140	Tom	White	
237	Jill	White	Lordshill Road Runners
344	MARTIN	WHITE	
345	George	WHITE	
346	Victoria	White	
347	Samuel	White	Southampton Athletic Club
362	Simon	White	
402	Kevin	White	
392	Steven	Whitmore	Chandler's Ford Swifts Running Club
397	Robin	Wildey	
8	Esma	Williams	Itchen Spitfires Running Club
434	Tanya	Williams	
60	Erin	Willmers	Winchester Running Club

33	Adam	Wills	Hamwic Harriers Running Club
401	Harry	Wilmot	
408	Bruce	Wilmot	
368	Craig	Wilson	
280	Sue	Wilton	Solent Running Sisters
219	Phil	Wiseman	Chandler's Ford Swifts Running Club
279	John	Withey Lanzar	
25	Karen	Woodman	Hamwic Harriers Running Club
12	Catherine	Woods	Lordshill Road Runners
379	Chris	Wright	
382	Joanna	Wright	Lordshill Road Runners
383	Martin	Wright	
165	Kevin	Yates	Chandler's Ford Swifts Running Club
289	Marion	Yeomans	Lordshill Road Runners