

# **ROMSEY**

## **ROAD RUNNERS**

### **5 Mile Beer Race** **Sunday 7 June 2026, 10:00am**

Start:	Braishfield cricket field, Dummers Road, Braishfield SO51 0QG
Directions:	From the A3090 Romsey to Winchester road, follow signs to Braishfield, thereafter race signs will direct you to the car park.
Parking:	<p>There is a dedicated race car park in the field adjacent to the start – please follow the marshals’ directions. Please <b>do not</b> park on the roads anywhere in the village, the Wheatsheaf car park or the village hall car park.</p> <p>If the weather is very wet in the run up to the race, it may not be possible for us to use the parking field. If that is the case, alternative parking arrangements will be made, and details will be sent out to all runners by email in the week before the race.</p>
Finish:	Braishfield recreation ground, a 500m walk from the car park.
Toilets:	Portaloos and a block of urinals are available in the small field adjacent to the start. Toilets in the village hall will be open at the finish.
Registration :	<p>Your running number and chip will be available to collect from <b>Up &amp; Running</b>, at 28, The Precinct, Bournemouth Rd. Chandlers Ford, Eastleigh. SO53 2GA. Numbers will be available for collection from <b>Saturday 30 May until Saturday 6 June 2026</b>.</p> <p>Alternatively, you can collect your running number from the start field <b>from 8:30am</b> on the day of the race. The entry list will be displayed on race day by the number collection so you can find your number.</p> <p>Please complete the medical information on the back of your number. If you are collecting your number on the day, please don’t forget to bring safety pins!</p> <p><b>Please note:</b> your running number will <b>not</b> be posted to you.</p>
Course:	<p>The 5 mile course has been accurately measured and certified and consists of two laps along quiet country lanes, which are narrow in places. Please bear in mind that the roads will be open to traffic and other users.</p> <p>Please <b>keep left</b> on all roads unless directed otherwise. Please <b>do not</b> cross the road at crossings until directed to do so by a marshal.</p> <p>Water will be available at approximately 3 miles and the finish.</p> <p>A map of the course is available on the website.</p>
Important Information:	<ul style="list-style-type: none"> <li>● <b>Only bone conduction headphones are permitted</b> – for your own safety</li> <li>● Cyclists and dogs <b>must not</b> accompany runners</li> <li>● Under EA rules, <b>buggies are not allowed</b> at the Beer Race</li> <li>● Your running number must not be worn by any other person, as this is our only identification of you.</li> <li>● Please follow the directions of the marshals, keeping left unless otherwise directed.</li> </ul>

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Prizes:	A pint of Flack Manor beer (soft drink for under 18s), a slice of cake, for every finisher. There are prizes for the top three male and female finishers plus category winners (male and female 40, 50, 60, 70, 80). Prizes will be presented directly to winning runners shortly after they cross the finish line, so if you are speedy or fast for your age category please head for the prize table to check before going to get your beer. The prize table will be located close to the water station at the end of the race.
Results:	Results will be published on the club website <a href="http://www.romseyroadrunners.co.uk">www.romseyroadrunners.co.uk</a> shortly after the race.
Queries:	Please see link to Frequently Asked Questions on the website and email any other questions to <a href="mailto:beerrace@romseyroadrunners.co.uk">beerrace@romseyroadrunners.co.uk</a>
Fun Run and Toddler Dash:	<p>This is a 1km run which takes place in and around the Braishfield recreation ground (where the main race finishes) and does not involve public roads. The course is manned throughout by marshals. It is free to enter. The Fun Run is open to 4-14 year olds up to a maximum of 100 runners. The race will start at approximately 11:30 and will be preceded by a five-minute warm-up. All participants receive an edible treat. Details of how to sign up will be circulated to runners in the main race with the “one month to go” email on 7 May 2026.</p> <p><b>**New for 2026**</b> This year there will also be a “Toddler Dash” for children aged 4 and under which will take place shortly before the Fun Run.</p>

We wish to thank all those who have helped us, in particular our sponsors Flack Manor and Up and Running. The assistance of Braishfield Parish Council and Newport Inn Cricket Club is also warmly appreciated.